

# LASER PERIODONTICS & IMPLANT DENTISTRY

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## **Pre-Op Instructions**

***An escort is required if you are being sedated*** since you cannot drive for 24 hours after taking the sedation. It is necessary for your escort to remain in the office during your treatment since it is possible that your procedure may not take as long as estimated. It is also necessary that your escort be prepared to remain with you the remainder of the day to help care for you after the procedure.

**If you are diabetic**, please take your medication as usual and follow your routine diet. **DO NOT CHANGE ANYTHING.**

If antibiotics and/or sedation are prescribed, take your medication one hour before your appointment as per instruction (see prescription label for instructions). If pain medication is prescribed, please bring it with you to your appointment.

If you are being **sedated** and you are **not diabetic**, do not eat for at least ONE hour before taking your sedation or for 20 minutes after. ***Please eat something; however, avoid any heavy, greasy foods and limit Dairy products.***

If you are **not being sedated**, you may eat what you would normally eat for the appropriate meal before your appointment; ***however please avoid any heavy, greasy foods.***

Wear loose fitting clothing with sleeves that can be raised to the shoulder for monitoring blood pressure.

If you wear a partial or denture, be sure to wear or bring it to your appointments.

You may return to your normal activity one day following surgery however, no exercise for at least three days.

**Please advise our office of any changes in your health or medications since we last saw you.**